Governor's Commission for a Drug Free Indiana

A Division of the



Comprehensive Community Plan

County: Henry

LCC: ARIES Henry County Local Coordinating Council

Date: May 22, 2006



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County Commissioners:

Henry County Courthouse

Address: 101 S. Main Street

City: New Castle

Zip Code: 47362

Plan Summary

Mission Statement: It is the mission of ARIES Henry County Local Coordinating Council (AHCLCC) to work cooperatively with the community and area agencies on behalf of its youth and adults to promote substance abuse through intervention, education and support.

History: AHCLCC was formed in 1986 by a group of concerned citizens in the area, mainly school administrators, who believed the issues of drug and alcohol among our Henry County youth school be addressed. AHCLCC became incorporated in 1989 and launched the first Red Ribbon Campaign in Henry County. That same year, AHCLCC received the Governor's Showcase Award for its anti-abuse efforts. All AHCLCC project plans and programs include all school corporations in Henry County. It is our firm belief that in order to make an impact on the young people in our area, we must present an organized and united front which includes each of the communities represented in Henry County.

Summary of the Comprehensive Community Plan: The AHCLCC has regularly scheduled meetings to address the concerns regarding drug and alcohol issues within Henry County. These meetings are scheduled on the first Tuesday of each month at 2:00 p.m. These meetings are open to the public. Matters relating to subsance abuse are discussed and plans for combating problems, educating the public, and ways to increase community collaborations are discussed. The AHCLCC is made up of a diverse group of members. They come from different organizations with multiple interests. The AHCLCC Chairperson is Doug Mathis, Administrator Henry County Health Department. Charles Willis is Vice C hair and Susan Lightfoot is Secretary. Our coalition is supported by Monica Greer from The Governor's Commission for a Drug Free Indiana. Lisa Smith is the coordinator for the coalition. At the end of the year, during monthly meetings, requests for funding is accepted and allocations are recommended. These recommendations are sent to the Henry County Commissioners who have the final say in which projects receive funding.



The AHCLCC identifed three problems which they believe should be addressed in the coming year. They are as follows:

- 1. A significant amount of criminal activity is linked to drug and alcohol abuse.
- 2. Youth in Henry County are at risk for ATOD abuse. Support of youth leadership is necessary for ATOD abuse reduction efforts.
- 3. There is a lack of resources in Henry County to address the substance abuse needs of the community. This includes information about treatment providers, services available and financial assistance programs.

The ARIES Henry County Local Coordinating Council requires all organization/programs receiving funding through the Drug Free Communites Fund attend a minimum of 2 meetings and to submit quarterly and annual reports to them. They must also submit copies of invoices for equipment purchased, participate in at least one on-site visit by appointed coalition members and understand that all grant money received shall be expended as described in their original application.

Henry County is located in East Central Indiana. It is bordered by the following counties: Delaware to the north, Randolph to the northeast, Wayne to the east, Fayette to the southeast, Rush to the south, Hancock to the southwest and Madison to the northwest. U.S. Highways 36 and 40 and interstate 70 cross the county.

The population of Henry County in 2005 was 47,753. The population is 98% Caucasian, 1% African American and 1% Hispanic. The median household income was \$41,186. The leading industries are manufacturing, health services, retail and education.

The unemployment rate for Henry County in 2004 was 6.3 compared to 5.6 in Indiana and the United States for the same time period. There were 3,525 food stamp recipients reported in 2002. There were 783 families receiving temporary aid to needy families. In 2002 it is estimated 25% of Henry County's adult population had an education level less than a high school diploma. In 2002, there were 27% of single family households. As of 2000, there were 3,730 persons living in poverty in Henry County.

ARIES, Henry County Local Coordinating Council is made up of individuals from local organizations who through their work or by their involvement in the community are interested in improving the community and decreasing the use of drugs and alcohol. Organizations who received support last year were: The Henry County Sheriff's Department, DARE, ARIES, BABES, Comprehensive Mental Health and AADP. All of these organizations focus on decreasing drug and alcohol abuse in Henry County. The ARIES, HCLCC also participated in events such as Red Ribbon Week, health and county fairs and festivals, VOICE of Henry County Youth Council meetings and events and community education activities.

Recently AHCLCC conducted a needs assessment for an evidence-based substance abuse provention program. Thirteen elementary schools and two middle school in Henry



County were mailed a survey consisting of 8 questions to obtain feed back on the needs of the schools to implement a new substance abuse prevention program. Currently, the substance abuse program used is called BABES, Beginning Alcohol and Basic Addictions Education. The program was created in 1978 and is not an evidence based program. AHCLCC feels the need to change programs and implement a program that targets substance abuse issues in a more comprehensive mannor. BABES includes subjects such as divorce and private body issues and are not directly related to substance abuse.

All fifteen schools responded to the questionairre. The results of the survey are as follows: In response to the question "What grades would benefit most from a drug prevention program", ten respondents chose grades 3-6. All fifteen schools wanted to see topics covered to include alcohol, drugs and tobacco. In response to the question "What other issues would you like to see covered by the program", 12 respondents chose peer pressure, 10 chose bullying, 9 chose conflict resoulution, 8 chose decision making skills, 6 chose self image/confidence, 4 chose health effects and 4 chose violence. All fifteen schools felt it was important to have a parent component in the program. In response to the question "At what grade level do you feel students are starting to experiment with alcohol, tobacco and other drugs (ATOD)?" Six respondents chose 4th grade, 4 chose 5th, 3 chose 6th grade, and 2 chose 3rd grade. In reponse to the question "Has your school had any students who have been expelled or disciplined for ATOD issues?" Eleven responded with no, 4 with yes. The grades reported were 1 for 3rd grade, 3 for 6th and 1 for 8th grade. In response to the question "How long should a prevention program be covered?" Eleven responded with 6 weeks, 2 responded with 4 weeks, 1 responded with 5 -8 weeks, 1 responded with 1 week. In response the the last question "How long should presentations be?" Nine responded with 30 minutes, 5 responded with 40 minutes, 1 responded with 20 mintes.

The school sub-committee chair person, Charles Willis reveiwed the questionnaire and scored the responses. Keeping the responses in mind, the school sub-committee and the coordinator will try to tailor a program to fit most of the needs of the schools. A prevention program offered by the Mendez Foundation entitled "Too Good For Drugs" fits all of these categories and can be implemented with low cost. Training is recommended, but not required. Ciriculum can be purchased to cover grades K-8.

We are currently in the process of making a final decision about the prevention program at this time. The Schools Program Committee will be meeting later this month (May) to finalize plans.



Membership List

County LCC Name: ARIES, Henry County Local Coordinating Council

Name	Organization	Race	Gender	Category
Doug Mathis	HC Health	Caucasian	Male	Health
_	Department			
Charles	Shenandoah	Caucasian	Male	Parent/Education
Willis	School Corp.			
Susan	HC Probation	Caucasian	Female	Youth serving
Lightfoot	Office			organization
Cindy Bay	Blue River	Caucasian	Female	school
	Elementary			
Kim Cronk	HC Sheriff	Caucasian	Male	Law enforcement
Linda	HC Auditor/	Caucasian	Female	Fraternal
Ratcliff	Lady Elks			Organization
	Member			
Kevin	Interlocal	Caucasian	Male	Business
Polivick	Community			community
	Action			
	Program		_	
Olene Veach	Volunteer	Caucasian	Female	Civic and
	Voice			volunteer group
	Coordinator			
Pam	Purdue	Caucasian	Female	Media
Mihankhah	Extension		_	
Chiquita	Henry County	Caucasian	Female	Health care



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Keith	Memorial			professional
	Hospital			
Michael	Deputy	Caucasian	Male	other svc
Mahoney	Prosecutor			involved in
	Henry County			reducing abuse
Tom	Rose City Bowl	Caucasian	Male	Business Owner
Rutherfoird	J			
OTHER:				
Lisa Smith	Coordinator	Caucasian	Female	
Monica	Community	Caucasian	Female	Governor's
Greer	Consultant	Caucasian	remate	Commission for a
Greer	Consultant			
				Drug Free
				Indiana



Problem Identification

Problem Statement #1: A significant amount of criminal activity is linked to drug and alcohol abuse.

Supportive Data:



- There were 36 accidents related to alcohol and/or drugs in 2005. The total number of accidents in Henry County in 2005 was 1298.
- There were 139 liquor law violations in 2005.
- There were 86 juvenile runaways reported in 2005.
- There were 4 students expelled or disciplined for ATOD issues. 1 in 3rd grade, 3 in 6th grade and 1 in 8th grade.
- There were 177 DUI arrests in 2005.
- There were 9 Meth incidents in 2005.

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Objectives:

- Encourage participation of Henry County law enforcement agencies in Operation Pullover and Standard Field Sobriety Training.
- Encourage law enforcement training opportunites.
- Increase participation of Drug Task Force officers on the AHCLCC Board.
- Financially support law enforcement agencies with overtime or equipment needs.
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Problem Statement #2: Youth and adults in the county abuse substances including alcohol, tobacco and other drugs. Support of youth leadership is necessary for ATOD abuse reduction efforts.

Supportive Data:

- According to data from the Henry County Probation Department, there were 105 juvenile and 227 adult probation referrals related to alcohol and drug issues.
- According to the Henry County Sherff's Department and the New Castle Police Department, there were 12 juveniles and 321 adults arrested for drug possession in 2005.
- There were 177 DUI arrests and 36 accidents related to alcohol and/or drugs in 2005.
- Studies indicate that youth are more inclined to look at other youth for leadership.
- Studies indicate when students participate in leadership activities they are less likely to abuse ATOD.

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Objectives:



- Increase community awareness of the problems related to ATOD by conducting events in the community.
- Continue to support the Henry County schools drug prevention program.
- Support the development and activities of the VOICE of Henry County Youth Council, so that leadership in substance abuse reduction will come from peers to help change the social norms among youth.
- Provide training opportunities for VOICE Youth Council of Henry County.
- Continue to increase visibility of youth efforts through cooperative efforts with local media.
- Support and promote participation in Youth League.
- Promote leadership opportunties for youth interested in substance abuse issues.
- Continue to support the Sheriff's Youth Camp program.
- Implement an evidence-based substance abuse prevention program for elementary students in Henry County.
- Host 2 Town Hall Meetings each year and other community events to create public awareness of substance abuse problems.
- Support the education of area students on the effects of tobacco use.
- Continue to educate the public about alcohol, tobacco and other drugs by supporting programs such as Red Ribbon Week, DARE and substance abuse prevention programs.



Goals: Decrease subtance abuse among youth in the county by 10% and members of the Henry County community will be better educated on the problems associated with substance abuse.

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Problem Statement #3: There is a lack of resources in Henry County to address the substance abuse needs of the community. This includes information about treatment providers, services available and financial assistance programs.

Supportive Data:

- There is a shortage of financial help for those needing substance abuse treatment.
- AADP provided substance abuse evaluations, treatment and education to 17 indigent jail inmates and 2 work release individuals in 2005. According to their yearly report, approximately 40 or more inmates per year need treatment services they provide and have no financial means of payment.
- CMHS provided evaluations, treatments and follow-up to 130 indigent persons in 2005. More than 500 people were arrested in 2005 for drug/alcohol related offenses.
- The court services did not have a substance abuse program to provide assessment and evaluation of substance abuse problems until October 2005.



- There are only 3 facilities in Henry County who address substance abuse issues.
- There is a shortage in certified substance abuse counselors in Henry County. CMHS reports having 3 certified substance abuse counselors, AADP reports to have two certified substance abuse counselors and there is one in private practice in Henry County.

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Objectives:

- Compile a list of treatment services available to the Henry County community. This includes social workers, family counselors, substance abuse counselors and treatment programs.
- Make the above list available to all school counselors, social service agencies and other community members in Henry County.
- Continue the requirements of funding to include a year-end reporting
 of funded treatment programs to show statistical information on types
 of substances abused most, numbers served, sex, race and increased
 evaluation efforts.
- Continue funding for treatment programs.
- Continue funding for Henry County Court Alcohol and Drug Abuse Program.
- Assist in recruiting and training certified substance abuse counselors.
- Encourage youth to explore careers in substance abuse prevention/treatment.
- Publish a monthly LCC newsletter.

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Goals: 1. Increase awareness of available assessment, treatment and referral services in Henry County and increase collaboration with other agencies to achieve this goal.

2. Provide funding for indigent treatment providers.



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Please attach the County's Fiscal Report for review!

Next Annual Update Due: 4-15-2007

Next Comprehensive Community Plan Due: 4-15-2009

Date of Community Consultant Review: 5-29-2006

Disclaimer:

You agree that the information provided within this Plan is subject to the following Terms and Conditions. These Terms and Conditions may be modified at any time and from time to time; the date of the most recent changes or revisions will be established by the Commission and sent electronically to all Local Coordinating Councils.

Terms and Conditions:

The information and data provided is presented as factual and accurate. I hereby acknowledge that I can be asked to submit proper documentation regarding the data submitted within the Plan. Failure to do so could result in a "denied approval" by the Commission under IC 5-2-6-16.

The Local Drug Free Communities Fund must be spent according to the goals identified within the plan. I hereby acknowledge that I can be asked to submit proper documentation regarding funds that are collected, allocated, and disbursed within the county. Failure to do so could result in a "denied approval" by the Commission under IC 5-2-6-16.

Initials: LS



Henry County Local Coordinating Council 2006 Final Report

Problem Statement #1: Youth in Henry County have not been leaders in substance abuse reduction efforts.

A. Maintain youth council core groups representing all school corporations while developing individual councils within each school system.

Final Report

The VOICE youth council of Henry County has maintained its group and has increased participation from 23 to over 100.

B. Revise youth council appointment procedure.

Final Report

An application form was added in 2005. The schools select applicants to be representatives. Selection varies from school to school. Membership is voluntary.

C. Develop public awareness campaign utilizing area newspapers, county fairs and holiday parades.

Final Report

The local newspapers have been publishing articles related to VOICE of Henry County events. The youth have also been involved with hosting a smoke-free day at the Mooreland Fair. A car has been donated and was painted with anti-drug, tobacco and alcohol messages to be used in summer and holiday parades.

D. Schedule advocacy training with Drug Free Indiana and ITPC.

Final Report

Youth received advocacy training in October 2005. Youth participated in ITPC ACT 2005 event held in Indianapolis in November 2005.

E. Solicit additional opportunities for students to speak to community groups and to prevent their research findings and advocate for greater drug free efforts.

Final Report

Students made a presentation to the Henry County Commissioners in 2005 with specific data especially related to Henry County.

F. Work with youth to encourage them to recruit other youth into chapters such as SADD in their local schools.

Final Report

None has been combined, but Blue River and New Castle Voice Youth Council has had combined activities with their SADD chapters.

G. Actively seek adult sponsors for youth groups in the schools

Final Report

We have an adult sponsor who serves as assistant to volunteer coordinator in each school.

<u>Problem Statement #2:</u> A lack of coordination of information about drug and alcohol facts results in uninformed assumptions about the true impact of drugs and alcohol in Henry County

A. Concentrated efforts should be made to seek greater representation on its board from these and other agencies involved in drug, tobacco, and alcohol education.

Final Report

Our coalition has representatives for each sector: youth, parent, business community, school, youth serving organization, law enforcement, volunteer groups, state and local agencies, and other organizations involved in reducing substance abuse. Needs: Media and religious and fraternal organizations.

B. Representatives from the LLC should participate in "Community Matters" in hopes of insuring LCC priorities are addressed.

Final Report

There are 3 members who attend "Community Matters" meetings in hopes of insuring LCC priorities are addressed.

C. Broaden LCC Membership to include agencies, churches and other entities that deal with alcohol/drug services and issues.

Final Report

Our coalition coordinator has attended ministerial association meetings in hopes of recruiting faith based organizations and Christian counseling service providers to the LCC.

<u>Problem Statement #3</u>: Henry County continues to have crashes, injuries, property damages and deaths associated with impaired driving.

A. Encourage participation of all Henry County law enforcement agencies in Operation Pullover.

Final Report

There was participation in all State approved Operation Pullover's in Henry County in 2005.

B. Encourage participation of all Henry County law enforcement agencies in Standard Field Sobriety Training (SFST).

Final Report

There was participation from all Henry County law enforcement agencies in Standard Field Sobriety Training (SFST) in 2005.

C. Support efforts to form a Henry County Traffic Safety Partnership

Final Report

Efforts were supported in 2005 to form a Henry County Traffic Safety Partnership. A Henry County Traffic Safety Partnership was formed.

D. Identify additional resources to fund DUI over time patrol.

Final Report

A grant was obtained from the Indiana Division of Traffic Safety to help fund DUI over time patrol in 2005.

<u>Problem Statement #4</u>: There is a lack of available treatment services for both adults and youth in the county. Those treatment services that do exist are not well publicized or visible in the community.

A. Provide WIC, MCC and Head Start Parents information on the dangers of chemical dependency and abuse.

Final Report

WIC, MCC and Head Start Parent groups have been given information and posters of the effect of chemical dependency and abuse. All Head Start Parent Groups have been given a presentation on secondhand smoke and children. Information was provided for all groups in smoking cessation resources.

B. Request programs dealing with alcohol and substance abuse make a presentation to social service and school staff. The focus will be on treatment, prevention and current resources.

Final Report

Volunteer Coordinator talked to the social service agencies about VOICE activities & gave them information late last fall. Approximately four times, information was distributed about smoking, alcohol, and drugs to Step Ahead which was composed of representatives from different social service agencies.

C. Engage a program of teacher and physician training to improve their understanding of available treatment resources.

Final Report

A list of treatment resources were compiled and sent to physicians and school counselors in Henry County.

D. Utilize the youth council to improve the understanding of students about treatment and its availability.

Final Report

The youth council group in each of the county schools has been active in promoting and improving the understanding of students about treatment and its availability.

E. Work with local health-care providers to assist families in finding funding resources for treatment.

Final Report

We have a LCC member who heads the health department. He can provide resources as necessary. A list of treatment resources were compiled and sent to physicians and school counselors in Henry County.

<u>Problem Statement#5</u>: Youth in Henry County continue to use alcohol, tobacco, and other drugs at an unacceptable rate.

A. Continue to support early prevention efforts in Henry County schools through the BABES program. Investigate the feasibility of implementing a SAMHSA model program for 2006-2007.

Final Report

BABES is currently being implemented in all Henry County schools, grades K-2. Plans are underway to implement a new SAMHSA model prevention program which is evidence based for the 2006-2007 school year. A needs assessment has been conducted and the education committee has been formed to continue in this process. A survey instrument was created and distributed to a representative from each school. The results of the survey concluded that the schools want a comprehensive drug prevention program to focus on either 2-3 or 3-4 grade levels.

B. Continue supporting Red Ribbon Week activities in all the schools, including the countywide recognition program for students, teachers, administrators and parents.

Final Report

Red Ribbon Week activities included 5068 students and 10,195 promotion items were given in 2005. This includes bracelets, ribbons, pencils, banners and posters. Many area businesses provided free items to students wearing their ribbons/bracelets into their businesses during that week.

C. Continue to support the DARE program through the Sheriff's Department.

Final Report

The D.A.R.E. program provides Drug Abuse Resistance Education to all 5th grade classes in all New Castle Schools. The program is represented by Sheriff's deputies in Shenandoah, Blue River, Knightstown and Tri in grades 3, 4, 5 and 7. Approximately 800 students throughout Henry County participated in the DARE program. The Henry County Sheriff's Department has six certified DARE instructors and the New Castle Police Department has three certified instructors.

D. Support the development of the youth council so that leadership in substance abuse reduction will come from peers rather than teachers, parents and other adults, helping to change social norms among youth.

Final Report

Each school in the county has representatives involved in VOICE Youth Council of Henry County. Each grade 8-12, has one representative and one alternate. The youth council has been very active in promoting substance abuse reduction to their peers at various times throughout the year and participated in Red Ribbon Week, Kick Butts Day and Great American Smoke out. They have also participated in special events during homecoming and prom.

E. Seek additional resources that will target the reduction of specific substances.

Final Report

Additional resources have been found to target the reduction of specific substances. The VOICE group also gets funding from Indiana Tobacco Prevention and Cessation. A Math Campaign has been implemented in Henry County targeting businesses who sell ingredients in meth. The coordinator for tobacco, alcohol and drug prevention programs has gone out into the county schools to give presentations on smoking prevention. Plans are being made to promote awareness of underage drinking in Henry County by participating in Town Hall Meetings and Teach-In's promoted by Reach Out Now. The coordinator is involved with groups such as "Community Matters" and "Mental Health Association Board" to strengthen the ability to work with other groups targeting the reduction of specific substances.

Amount deposited into the drug free communities fund during 2005: \$58,897.00

Henry County Drug-Free Communities Fund Allocations-January to December 2005

I. Prevention/Education

\$25,000

ICAP

Requested: \$ 5,000 Awarded: \$5,000

For substance abuse prevention to include but not be limited to:

- Coordination with local school corporations to provide drug-free and alcohol-free environment.
- Youth education program
- Coordinated efforts to increase smoke-free establishments in Henry County
- Coordination with Drug Free Indiana and its programs
- Continuation of a local youth council with programs aimed at training, role modeling, and provisions of youth services to discourage alcohol and drug use
- Recruitment for youth for Indiana Point of Youth
- Sponsorship of youth for Indiana Point of Youth and its state and national activities
- Promotion of Red Ribbon Week

BABES

Requested: \$10,000 Awarded: \$10,000

For elementary program provision to include but not be limited to:

- Delivery of six weeks of drug free curriculum to all K-2 grade students in each county school
- Coordination with youth council programs
- Coordination with local school corporations
- Program materials and additional support materials for individual classrooms
- Promotion of elementary school prevention programs
- Salaries for BABES instructors (used discretionary funds also)
- Program administration, assistance with necessary research, statistical information

DARE:

Requested: \$10,000 Awarded: \$10,000

The program provisions including, but not limited to:

- Provisions of DARE program in all county schools at grades 5 to 7
- Materials and supplies necessary to operate the program
- Sponsorship of DARE Day for county elementary
- Drug-free role modeling

• Establishing of positive relationships between youth and law enforcement

II Treatment/Intervention

\$10,000

Comprehensive Mental Health Of Henry County

Requested: \$ 12,250 Awarded: \$5,000

For professional treatment services including, but not limited to:

- Individual substance abuse counseling opportunities
- Group substance counseling opportunities
- Coordinated efforts with schools to provide youth counseling
- Assistance for families in seeking financial assistance to fund services.

AADP

Requested: \$10,000 Awarded: \$5,000

For professional treatment services including, but not limited to:

- Individual substance abuse counseling
- Group substance abuse counseling
- Evaluation
- Drug screening

III. Law Enforcement/Judicial

\$15,000

Henry County Sheriff's Department

Requested: \$15,000 Awarded: \$15,000

For services including, but not limited to:

- Drug Interdiction
- Officer overtime
- Public Relations for Drug-free programs

IV. Administration

\$10,000

For services including, but not limited to:

- Program administration
- Assistance with necessary research and statistical information
- Administration of funds
- Coordinator's Salary
- Discretionary funds

Total Disbursed:

\$60,000

Note: All grant requests were granted